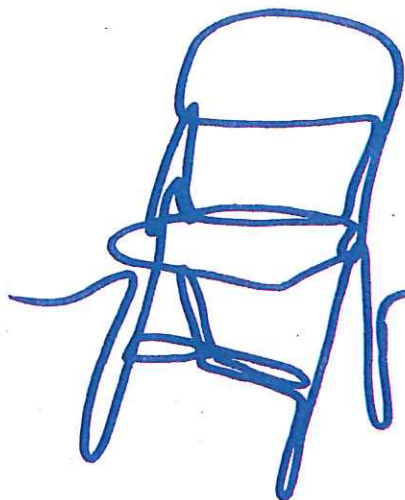


# Do you hear voices, see visions or have other unusual perceptions?

Do you support a family member or friend who is struggling to deal with these experiences?



This is a safe space for people with personal experience of voices and visions, as well as those who support them

## What is the group for?

The group will aim to offer information, support and understanding to people who hear voices and those who support them.

## What are the aims of the group?

- To raise awareness of voice hearing;
- To give all individuals who have these experiences an opportunity to talk freely about this together;
- To support anyone with these experiences seeking to understand, learn and grow from them in their own way.

Taking place on the 2nd and 4th Wednesdays of the month, from 10:30-12:30 at:

Stockport Mind,  
Dove house,  
65 union street,  
Stockport  
SK1 3NP

For more information please contact:

[info@stockportmind.org.uk](mailto:info@stockportmind.org.uk) or call us on 0161 480 7393.

**All Welcome**



**Stockport  
and District**